

**UConn Engineering Diversity and Outreach Center (EDOC)** 

#### **AGENDA**

minutes

5 minutes Welcome

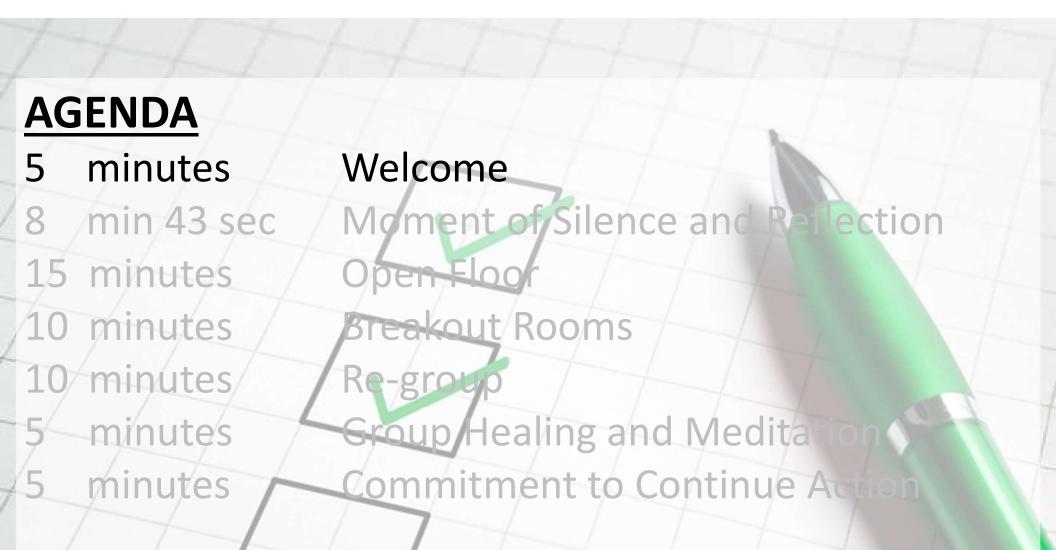
8 min 43 sec Moment of Silence and Reflection

15 minutes Open Floor

10 minutes Breakout Rooms

10 minutes Re-group

minutes Group Healing and Meditation





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Group/Healing and Medita on

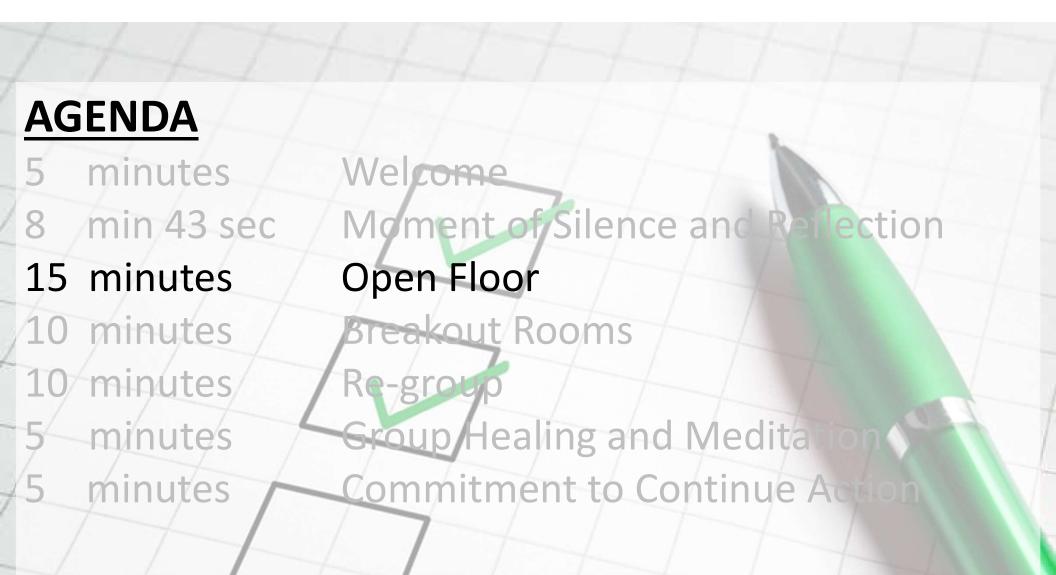
Commitment to Continue Acres

The Johns Hopkins News-Letter

"The heartbeat of antiracism is self-reflection, recognition, admission and fundamentally self-critique... A racist when charged with racism will say, 'I'm not a racist,' no matter what they said or did. An antiracist would be willing to confess and recognize what they just said or did was, in fact, racist."

IBRAM X. KENDI AUTHOR OF HOW TO BE AN ANTIRACIST

#### 8 min 43 seconds





### Poll Everywhere

**Username: stephany** 

**Engagement Option 1: In a Browser** 

Go to: pollev.com



Engagement Option 2: With the App





**Engagement Option 3: Via Text Message** 

**Text 37607** 

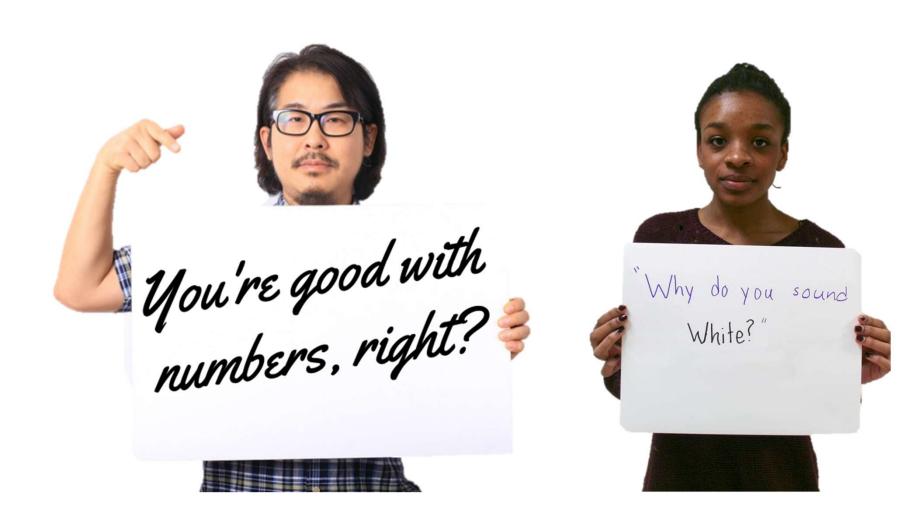


#### Who's in the room?

Faculty
Staff
Undergraduate Student
Graduate Student
Alumni
Community Member
Other



#### These are examples of verbal microaggressions



When poll is active, respond at PollEv.com/stephany

Text STEPHANY to 37607 once to join

## What is a microaggression that you have experienced or witnessed at UConn?

#### Microaggressions in



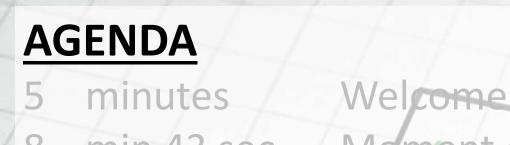
#### In the classroom

Weeks into the course, a guy sees a female student walk in and he's like "Are you lost?" She says no. He says "This is physics, should you be here?"

I remember a lot of guys coming up to me being like "Are you sure you're not doing that wrong?" ... "Do you need help?"

When we're doing group work, I'll get the easy stuff even though I wanna do more... they'll be like "Oh, you can just write this"

I offered a solution to a problem and they said "I don't know about your answer." Like I didn't matter.
At the end of class the TA came and said "She's correct"



8 min 43 sec

15 minutes

10 minutes

10 minutes

5 minutes

5 minutes

Moment of Silence and Reflection

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**Breakout Rooms** 

Re-group

Group/Healing and Medita on

#### Room 1:

Recommended for non-Black participants

How will I be anti-racist?

https://bit.ly/AntiRacistActionPlan

#### Anti-Racist Action Plan Worksheet

Name:

Today's Date:

#### Part 1: Where are you on the spectrum?

Use this link to identify what stage of [white/non-Black] identity development you are:

https://bit.ly/ScaffoldedID

#### Part 2: Goal Brainstorm

List goals you have individually for self-reflection, learning or re-learning, and internal change.

Examples (you can use these):

- Watch When They See Us on Netflix in order to learn more about systemic issues in the American criminal justice system
- 2. Join EDOC's discussion of Martin Luther King Jr's Letter from a Birmingham Jail
- Revisit an email or conversation where a colleague expressed their pain/discomfort that I
  brushed off with words such as "I/they didn't mean it that way" or "Not all \_\_ are like that"
  and reach out to the person with an apology, acknowledgement of errors, and support
- Meet with department chair(s) to create new policies for listening to student microaggressions
  or discrimination complaints

#### Part 3: Accountability and SMART+ Goals

For each of the goals listed above use the following prompts (You can copy and paste this section for all of your goals):

#### Room 2:

Recommended for Black participants

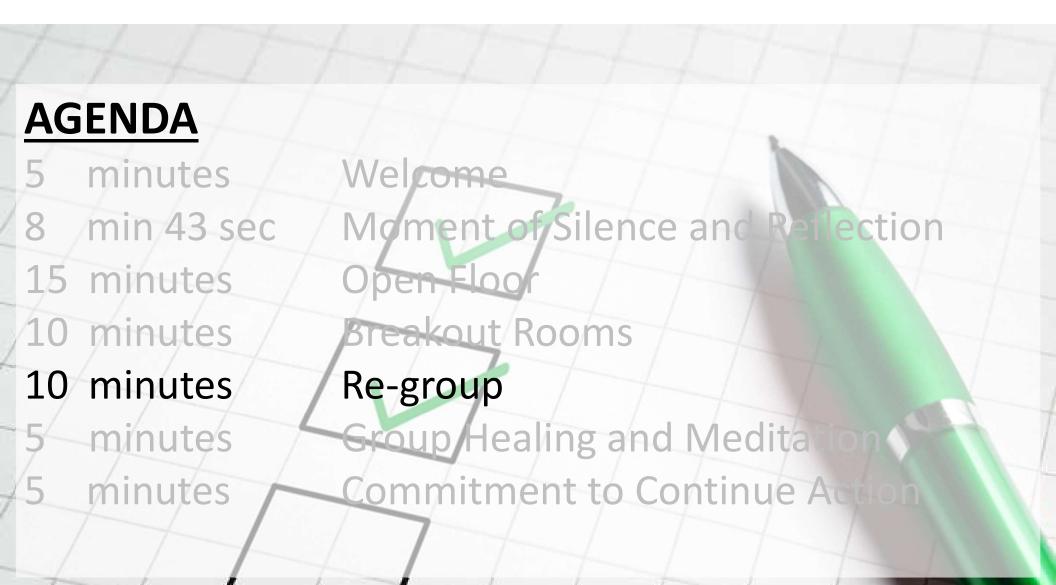
Combating and Overcoming Anti-Blackness in the Black Community

ANTI-BLACKNESS MUST BE PULLED FROM ITS ROOTS. WE MUST DO THE WORK TO UPROOT THE SEEDS THAT WERE PLANTED IN US LONG BEFORE WE HAD A CONSCIOUS.



When poll is active, respond at **PollEv.com/stephany**Text **STEPHANY** to **37607** once to join

# Please type your name if you would like to be in Room 2 (Combating and Overcoming Anti-Blackness in the Black Community)





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Welcome

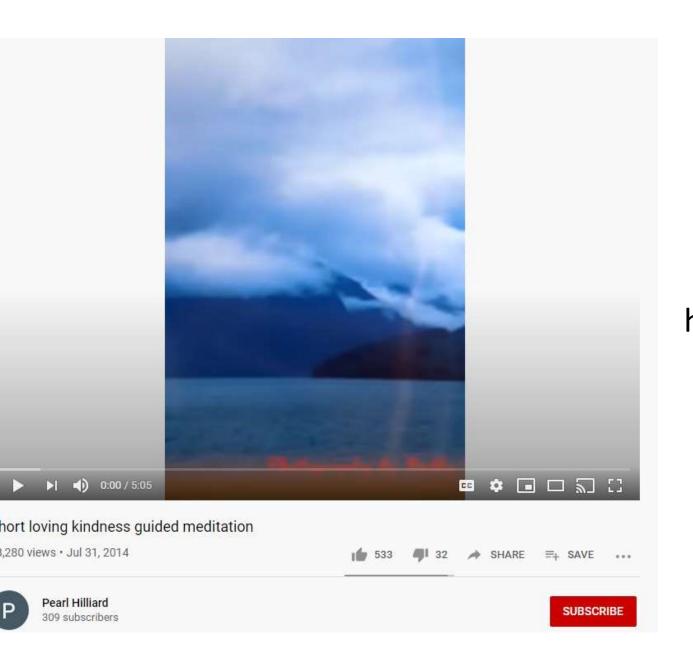
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https://bit.ly/5MinHeal



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## It is our personal responsibility to strengthen our community. This is about making ALL of us strong and leaving a legacy of lasting change

https://edoc.engr.uconn.edu/building-anti-racist-communities/